

April-May-June 2019

Dodge County Association for Home and Community Education



Reflections

HCE Newsletter



A Message from your President

Please note that the judging start time for the Cultural Arts contest is earlier than in past years. See pages 5 and 8 for details.

This year's "Healthy Lifestyle" survey runs from February 17th through May 11th. Please submit completed your survey to Marianne Zastrow by June 1st.

All HCE members are asked to complete an "Impact of HCE" report again this year. The timeframe for reporting your volunteer activities and donations is June 1, 2018 to May 31, 2019. Please submit all completed reports to Diane Koch by June 10th.

A county report will be compiled for each and sent to WAHCE. Copies of both report forms were distributed at the February and March County HCE Meetings. Contact me if you need additional copies.

Reading to children and selling raffle tickets will both take place at the Dodge County Fair in August. Sign-up sheets will be available at Spring Council on April 29th. See you there!

Diane Koch

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To register for a Learning Session, call the Extension Office at 920-386-3790 or send an email to Nichole DeBaker at ndebaker@co.dodge.wi.us.

For weather-related cancellations, listen to radio station: WXRO/WBEV, Beaver Dam; WTKM, Hartford; WFDL, Waupun; or WMDC, Mayville

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CALENDAR OF EVENTS

Reminder: If fewer than five people register for any Learning Session by the registration deadline, that session will be cancelled and those who registered will be notified.

April 9 (Tues) – Learning Session: Keep Your Credit Report in Check, 1:30 pm

Learn why the periodic review of your credit reports is important, how the information in your credit report affects your credit score, and how your credit score impacts future lending, jobs and rental agreements.

April 15 (Mon) – program topic suggestions due to Program Coordinator, Sandy Peirick

April 23 (Tues) – Southeast District Spring Meeting; Fond du Lac County hosts at Brookfield Public Library

April 25 (Thurs) – Focus on Women, 3:30 pm - 8:00 pm at Juneau Community Center

April 29 (Mon) – Spring Council with Scholarship Presentation, Cultural Arts Contest and Silent Auction

Cultural Arts judging begins at 1:00 pm. *(The judging start time is earlier than in past years.)*

Refreshments and view Cultural Arts items 5:30–7:00 pm; Silent Auction bidding 6:00–6:45 pm

Meeting begins with the Scholarship presentation at 7:00 pm

April 30 (Tues) – Pennies for Friendship due to County Treasurer, Linda Feucht

early May – register for the NVON Conference; registration info is available at www.nvon.org

May 8 (Wed) – last day to register for the May Learning Session

May 22 (Wed) – Learning Session: Cemetery History in Dodge County, 6:00 pm

With a PowerPoint and perhaps a future walking tour, Kathy Barnett will share her research of area cemeteries along with local stories we hope to uncover. For starters, the Beaver Dam City Cemetery is the oldest (1842) – and Abe Lincoln’s right hand man is buried there. This lesson will be fascinating!

June 1 (Sat) – HCE newsletter articles and club meeting highlights are due

June 1 (Sat) – 2020 program votes due to Program Coordinator, Sandy Peirick

June 1 (Sat) – “HCE Healthy Lifestyle Survey” forms are due to Marianne Zastrow

early June – register for WAHCE Conference; registration info will be printed in the May issue of *UPDATE* and available at www.wahceinc.org in early May

June 10 (Mon) – “Impact of HCE Member Contribution Report” forms are due to Diane Koch

June 13 (Thurs) – County HCE picnic, 4 pm-8 pm at Juneau City Park with potluck supper at 5:00 pm

(rain location: County Administration Building Auditorium)

Reminder: Take your Bonus Category creations to the picnic for people’s choice judging.

June 19 (Wed) – Program Planning for 2020, 6:00 pm

Club representatives and county Executive Board members attend

July 9 (Tues) – County HCE meeting with potluck meal – Potluck supper 5:30 pm; Meeting 6:30 pm

July 23-25 (Tues-Thurs) – NVON Conference at Springdale, Arkansas

September 16-18 (Mon-Wed) – WAHCE Conference at Manitowoc

All Dodge County HCE educational programs, county meetings and activities are held at the Dodge County Administration Building, 127 E. Oak Street, Juneau WI or at the location noted in the calendar.

All HCE members may attend any and all Dodge County HCE activities.

All Learning Sessions are open to the public. Invite your friends and neighbors to attend!

Hello from Pattie



Hello My Dodge County HCE Friends,

I hope that each one of you are doing well, or at the very least, as good as possible. For those of you who have recently lost a dear loved one, who are caring for someone in need, or who are dealing with sickness yourself, I pray for your comfort. Life is a journey with trials and tribulations, with joys and pleasures. The companionship and support of the people in Dodge County HCE and in your individual clubs are so important and valued, not only by me, but I am sure by each of you.

On a personal note, I just returned from a family vacation in our nation's capital. Our oldest son is in his second year of law school so we decided to take the family to the place where laws are made. We had a fabulous time despite the fact that we missed the cherry blossoms by one week. One of the most memorable places we visited was the United States Holocaust Memorial Museum. We started our journey through the museum by getting an identification card with information about a person who experienced the horrors of the Holocaust. I was given Mariam Eisman's information. Of the five people in my family, only two of us had IDs of survivors. The three others perished in various concentration camps. The experience was overwhelming.

Oh boy, I had better lighten this note up. The following quote from Mark Twain is a humorous one. The reason why it is funny is that it is so true!

“In the spring, I have counted 136 different kinds of weather inside of 24 hours.” — *Mark Twain*

As we anticipate the warmer days of spring, let us be grateful that the frigid, sub-arctic, thermometer-busting days of winter are behind us.

Extension news: I have been mentoring an intern this semester. Claire Grosenick, from Alverno College, has been working with me since January. She and I co-facilitated an evidenced based program called, “Taking Care of You” last month. If you missed it, make sure to join me at the Focus on Women (registration info below) where I will be presenting an overview of the program with the full six-session class coming this summer or early fall.

Pattie Carroll

Human Development and Relationships Educator
and Dodge County HCE Liaison

24th FOCUS ON WOMEN Resource Day – Lighten Your Life

Thursday, April 25, 2019

Juneau Community Center, 500 Lincoln Drive, Juneau

3:30 – 8:00 pm Booths and exhibits ongoing

A light buffet prepared by Jason White will be available from 4:30-6:30 pm for all registered guests.

A Silent Auction will be held throughout the evening with prizes donated from the booth vendors.

4:30 pm **Lighten Up and Reduce Stress** “Taking Care of You” presented by Pattie Carroll

5:45 pm **Lighten Up and Breathe** “Resistance Training” presented by Rachel Schraufnagel

6:30 pm **Lighten Up and Laugh** “From Hollywood to the Cornfields” presented by Leslie Norris Townsend

Registration required by April 15, 2019 – first come, first served basis. Seating is limited.

Registration must include the name, address, phone and email of all persons attending and a \$10.00 non-refundable per person registration fee. Make checks payable to: BDCH Focus on Women

Mail registration form/info and \$10.00 per person fee to: Dodge County Housing Authority,
491 East Center Street, Juneau WI 53039

Registration form with more detailed information is available at the Extension Office.

Questions? Call 920-386-2866

KLUB KORNER



Juneau Center

Emerald Clovers – Members were involved with "Christmas on the Marsh" at Marsh Haven Nature Center. They organized the food stand with proceeds going to Marsh Haven, and had a Craft/Snack Booth for the weekend. A wreath-making session was held learning how wreaths are made and how to decorate them. In February, a "Soup, Salad and Surprise" night was held. Member recognition was done for involvement during the past year with awards being given as well as a thank you gift provided by a Friend of Emerald Clovers HCE. The club recognized Iris Steffen at that meeting for her contribution to their Club and Dodge County HCE and did an "Iris Memory" exchange. The club reviewed their 2019 calendar and members organized their club folders.

Emerald Clovers Club was a lane sponsor for the Big Brothers Big Sisters of Southcentral Wisconsin "Bowl for Kids Sake" fundraiser and provided silent auction items as well as helped at the events. The Arc of Dodge County does a fundraiser each year as part of the Children's Radio-A-Thon and Emerald Clovers took care of the ticket printing and plans to additionally support the event by other donations. Several members shared their experiences reading in classrooms for Wisconsin Bookworms.

Ledgeview – In January, members invited their spouses to their Idaho project dinner. Everyone researched a fact about Idaho which was not in the packet and shared it with the group. In February, they attended the newest Church Basement Ladies play "Rise Up, O' Men" at the Schauer Art Center in Hartford. The play brought back many memories for all.

Rock River Center

Mother Hubbards – Members donated Christmas cookies to the family who lost their home to a house fire the previous month.

Socialettes – The club welcomed Candy Graulich as a new member, sent gift cards to a member's husband who is dealing with a serious illness, and set up the ticket-selling schedule for Hustisford High School basketball games with proceeds going to their scholarship fund. The group purchased a brick for the memorial sidewalk at the John Hustis House that included the HCE logo. They also plan to sell ice cream sundaes at the Hustisford Community Hall fish fries in September and October with proceeds going to Wisconsin Bookworms.

Watertown Center

Country Neighbors – Members collected 34 pounds of food for their local food pantry. They also got to tour a member's new home and put their stamp of approval on it.

Indian Garden – Members had a good time at their November meeting singing many old songs which brought back pleasant memories from their childhood.

Lowell – No information received.

To be included in Klub Korner, club secretaries must submit their meeting minutes and/or highlights to LaVerne Schulz immediately after each club meeting or prior to each newsletter due date for all club meetings held since the previous newsletter's deadline.

HCE NEWS and NOTES

SOUTHEAST DISTRICT SPRING MEETING

Tuesday, April 23, 2019

Brookfield Public Library, 1900 N Calhoun Rd, Brookfield WI 53005

- 9:30 am Registration and morning refreshments
- 10:00 am – 12:00 pm Business meeting
- 12:00 pm Lunch
- 1:00 pm Barn Quilt presentation by Jeanette Beard, Rock County

Registration fee: \$15.00 per person

Make check payable to Dodge County HCE and submit to Linda Feucht before April 1st.

SPRING COUNCIL with SCHOLARSHIP PRESENTATION, CULTURAL ARTS CONTEST and SILENT AUCTION

Monday, April 29, 2019

Reminder: All Cultural Arts entries must be submitted before 1:00 pm on Monday, April 29th.

- Items may be dropped off at the Extension Office on Thursday, April 25th and Friday, April 26th from 8:00 am to 4:15 pm each day, or on Monday, April 29th from 8:00 am to 1:00 pm.
(Note: You can drop off your entries before you go to *Focus on Women* on Thursday afternoon.)
- All items will be held in a secure area until they are judged on Monday afternoon.
- Contest guidelines and entry forms were made available at the February and March county HCE meetings. Contest info is also printed on pages 7 and 8 of this newsletter. Additional entry forms will be available when entries are dropped off at the Extension Office.
- Judging begins at 1:00 pm. ***Any items brought later than 1:00 pm will not be judged.***
- Any questions, please call Barb Duxstad at 920-262-1699.

The schedule for the evening's activities on Monday, April 29th.

- Refreshments will be available from 5:30 pm to 7:00 pm. (Host: Juneau Center)
- Silent Auction items must be received by 6:00 pm. Bidding takes place from 6:00 pm to 6:45 pm.
- View Cultural Arts Contest entries from 5:30 pm to 7:00 pm.
- The business meeting will begin at 7:00 pm with the presentation of the Dodge County HCE Scholarship.
- All Cultural Arts items must stay in place until after the business meeting.
- Top Silent Auction bidders must pick up and pay for their purchases after the business meeting.

SILENT AUCTION

Please save your new or slightly used articles for our Silent Auction at Spring Council. Suggestions – toiletries (new), books, CDs, knickknacks, or any usable item. Proceeds go into our Sunshine Fund for our Christmas Party and other non-budgetary needs. Also, please bring smaller bills or change to pay for your purchases.

CANCELLED LEARNING SESSIONS

The Learning Sessions scheduled in January and February were both cancelled due to inclement winter weather. Sandy Peirick, Program Coordinator, is working with the presenters to schedule a new date for each one – “Chair Yoga” and “Beans to Bar”. Watch for announcements and register to attend!

HCE NEWS and NOTES

FUND RAISING ACTIVITIES in 2019

These fund-raisers were approved by members attending the February 14th county HCE meeting:

- Quilt raffle with clubs donating additional items with a minimum \$25 value
Please submit all donation name/theme/descriptions to Diane Koch by April 29th (Spring Council)
- Glenn's Market brat fry – all proceeds for Wisconsin Bookworms
Dodge County HCE will be working the brat fry on Friday, April 12th.
The Indian Garden Club has taken charge of scheduling workers for this fund-raiser.

These fund-raisers were approved at the March 14th county HCE meeting:

- No-bake 'Bake Sale' (members are asked to donate \$10 each)
- Gift cards/coupons for Papa Murphy's pizzas/products
- Write grants for Wisconsin Bookworms
- Send letters requesting donations for Wisconsin Bookworms to selected businesses in the county

SUMMER PICNIC

All HCE members, spouses and family members are invited to attend the HCE Summer Picnic at Juneau City Park on Thursday, June 13th from 4:00 to 8:00 pm – with potluck supper at 5:00 pm.

(Rain location: Dodge County Administration Building, Auditorium)

Each person (family) attending is asked to bring a dish of your favorite food, with any necessary serving utensils, and any non-alcoholic beverages you wish to drink. Plates, napkins, eating utensils and beverage cups will be provided. Take a break from the summer heat and join your fellow HCE members for some delicious food, fun, games, socializing, and a chance to vote for your favorite "Hattie's HCE Hat" entry.

Guidelines for the "Hattie's HCE Hat" Bonus Category are:

- You may use any media to construct a display of your choice
- The base must be no larger than 10" x 10" with a maximum height of 20"

PROGRAM PLANNING

The 2020 Program Planning meeting will be held on Wednesday, June 19th at 6:00 pm in the County Administration Building. All club Vice Presidents (or another club member) and all County HCE Executive Board Members are encouraged to attend. Each club should have at least one representative attend this meeting to assist in choosing the educational programs to be offered by Dodge County HCE in 2020.

Give your program suggestions to Sandy Peirick, Program Coordinator, by April 15th. Include a possible presenter or resource person's name with each suggestion if you know one.

After a list of topics is compiled and distributed, all members will be asked to vote on their favorites – with the top choices being considered for inclusion in the 2020 Learning Session schedule.

WISCONSIN BOOKWORMS

Reminder: Clubs and individuals may donate to this Dodge County HCE program at any time. Send your donations to Linda Feucht, Treasurer.
Make checks payable to: Dodge County HCE



Dodge County Association for Home and Community Education Cultural Arts Show and Contest – 2019 Categories



1. Painting/Drawing

Framed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.

- A. Oil
- B. Acrylic
- C. Water Color
- D. Alcohol Ink
- E. Other

2. Photography

Photograph must be 8" x 10", unmounted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo.

Framed photographs will be disqualified.

- A. Color–Landscape
- B. Color– Waterscape
- C. Color – Plants
- D. Color – Animals/ Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black and White
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (*apron, scarf, hat, etc.*)
- J. Other

4. Knitting

- A. Wearable Item
- B. Afghan
- C. Other

5. Crocheting

- A. Wearable Item
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross Stitch
- D. Other

7. Craft

Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards–paper only-6
- B. Cards–mixed media-6
- C. Scrapbooking
- D. Craft made from recycled materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published book
- J. Other

9. Bed Quilt

Larger than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand quilted

Machine Quilted by You:

- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted

Professionally:

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

Smaller than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand-quilted

Machine Quilted By You

- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted

Professionally

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall

Hanging (with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other i.e., - collage of assembled materials or mixed media

12. Table

Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

Poem, Non-Fiction, Fiction

Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

16. Poem

17. Non-Fiction

Original, 1 topic; 250-500 words

18. Fiction

Original with beginning, middle and end 3,000 words or less

Bonus Category Judging

Those attending the HCE summer picnic on Thursday, June 13, 2019 will vote for their favorite "Hattie's HCE Hat" entry.

19. Bonus Category – "Hattie's HCE Hat"

The Fun Category

Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Have Fun!!!

Dodge County Association for Home and Community Education 2019 Cultural and Textile Arts Contest Guidelines

The Dodge County HCE Cultural Arts Contest will be held on Monday, April 29, 2019.

New this year! Judging begins at 1:00 pm. (See page 5 for dates and times that items may be entered.)

Up to twelve (12) entries that receive blue ribbons (plus one Bonus Category entry) will advance to the State Cultural and Textile Arts Show held at the WAHCE Conference in Manitowoc on September 16-18, 2019.

1. Entries in Category 1 thru Category 18 will be judged on Monday, April 29, 2019.
2. Bonus Category 19 entries will be judged at the HCE Summer Picnic on Thursday, June 13, 2019.
3. Participants may enter items in as many categories as they wish, but ***entries are limited to one item in each lettered sub-category.***
4. All work must be done by the entrant and completed after last year's county contest.
5. Kits and patterns may be used as long as entrant does all the work.
6. All items must be clean or laundered or they will be disqualified by the judge.
7. Entrants must comply with all specifications as listed for the category or the item will be disqualified.
8. Entrants must indicate if they want a blue-ribbon-winning entry to be considered for advancement to the State Cultural Arts Show and taken to the WAHCE Conference.
9. Only one entry from any lettered sub-category can be chosen to advance to the State Cultural Arts Show – a maximum of 12 entries will be chosen on April 29th plus one on June 13th.
10. Winning entrants will be required to sign the state contest registration form to give permission for their photo, photos of their entry and/or print copies of their written entry to be used by WAHCE as seen fit.
11. Entrants will not hold Dodge County HCE and WAHCE responsible for any loss or damage to items.
12. Questions? Call Barb Duxstad at 920-262-1699.

ENTRY FORM	ENTRY FORM
Category/Class (example 2D): _____ Title or Description: _____ _____ _____	Category/Class (example 2D): _____ Title or Description: _____ _____ _____
Name: _____ Address: _____ City/Zip: _____ E-mail: _____ Phone #: _____ Club: _____	Name: _____ Address: _____ City/Zip: _____ E-mail: _____ Phone #: _____ Club: _____
If this item receives a blue ribbon, do you want it to be considered for entry into the State Cultural Arts Contest at the WAHCE Conference? Yes No Are you using a display easel? Yes No	If this item receives a blue ribbon, do you want it to be considered for entry into the State Cultural Arts Contest at the WAHCE Conference? Yes No Are you using a display easel? Yes No

Cleaning? Think Green!

In order to save the environment when doing spring-cleaning one must THINK GREEN. So what does it mean - think of products to use that are more environmentally friendly. Let us look at some of the products we have around the house that can be used to clean and are not toxic. Baking soda, vinegar, salt, lemon juice and borax are common products essential for green cleaning. Not only are they common, they are inexpensive. They also work as well as chemical cleaners. So, I have these products. What can I use them for? Uses for these products include:

Baking Soda - also called sodium bicarbonate, is a natural powder. It will neutralize acids and bases and will help eliminate odors. It can be used as an air fresher, drain opener, polish and scouring powder. Keep a box of soda in the refrigerator to help eliminate odors, sprinkle on carpet to deodorizer (always vacuum up after a few minutes), polish chrome appliances or bathroom and kitchen fixtures. Use dry baking soda and a dry cloth to polish chrome.

Clean black heel marks and crayon marks by rubbing with baking soda and a damp rag. Baking soda should not remove the paint or floor finish.

Vinegar - is a strong acid and will cut through grease. It can be used on all types of surfaces. It works well to clean kitchen appliances as well as glassware and pots and pans. Cleaning glass such as windows and mirrors is another favorite use for vinegar. Mix equal parts of water and vinegar in a spray bottle to use on windows and mirrors. One cup of vinegar in the rinse cycle serves as a fabric softener.

To clean a steam iron, add one tablespoon white vinegar to one cup of water. Pour into the iron and set heat to steam setting. Let steam until solution is gone. Rinse.

Vinegar and soda work well together to *declog drains*. To use for this purpose put ½ to 1 cup baking soda and one cup of white vinegar down the drain. Rinse with hot water.

To clean linoleum and tile floors, mix ½ cup white vinegar with one gallon hot or warm water.

Remove *hard water stains and cloudiness* from vases and glass utensils by filling them with a hot water and vinegar solution. Allow the solution to stand in the utensil until it cools. Wash and rinse. Straight vinegar can be used for bad problems.

To clean an automatic coffee maker, run one cup of vinegar through the cycle. Rinse by running a couple pots of plain water through the cycle.

Lemon juice - contains acid to help cut grease. It can be added to vinegar to help cut the smell. The rinds can be put down the garbage disposal to clean and deodorize.

For an all-purpose cleaner, mix 1 quart warm water, 1 teaspoon liquid dish soap, 1 teaspoon borax and ¼ cup white vinegar. Put in a spray bottle. This mixture can be used on floors, walls, carpets, etc.

Salt - Pour salt over spills on stove or in the oven immediately. When cool, lift off.

Start today to think green. Put together a green cleaning kit and help save the environment and the health of your family.

~Institute of Agriculture and Natural Resources-NEBRASKA EXTENSION IN LANCASTER COUNTY



REGARDING THE HCE NEWSLETTER

Club Secretaries – Please submit your meeting minutes or the highlights portion of each meeting’s minutes to LaVerne Schulz via email to kenla3470@gmail.com or by postal mail to W3470 Wildcat Rd, Iron Ridge WI 53035 immediately after each meeting or prior to the current newsletter deadline for all meetings held since the last newsletter’s deadline. Continue to send a copy of each club meeting minutes to Pattie Carroll.

All other articles for the newsletter should be submitted to **Diane Koch** by deadline for the next issue. Please send computer/electronic versions via email to dd_koch@hotmail.com and to Pattie Carroll at patricia.carroll@wisc.edu. (*note: Pattie has a new email address!*) Put “HCE” in the subject line of all email messages. Send any handwritten or typed articles submitted on paper to Diane Koch, W1646 Hochheim Rd, Mayville WI 53050.

The deadline for the next issue (July-August-September 2019) is June 1st.

If you received the electronic version of this issue and wish to receive a paper copy of future issues, please contact Diane Koch (call 920-387-3990 or send an email) before the next issue’s deadline.

Extension Dodge County

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