

April/May 2019

# Sunnyviews



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### President's Letter

HCE Friends,

As we get to the end of March, spring should be here soon. I am definitely ready for green grass and tulips.

April is going to be busy starting with Executive Board meeting on April 8th, Spring Central district meeting on April 16th, and HCE Day of Learning on April 17th at the Coughlin Center from 9 - 3 pm. Registration information is included in this Sunnyviews and is due by April 10th. I hope to see everyone there.

May 2nd will be our Spring Banquet hosted by Neenah Center. I look forward to your cultural Arts entries and our Scholarship winner. Application for Scholarship is included in this Sunnyviews and is due April 1st to Ann Kobussen. We will be having a fundraiser for scholarship.

Your President,  
**Susan Berg**

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**\*See Page 6 & 7 for Information & Registration for HCE Day of Learning on April 17th!!!**

**\*Deadline April 10th\***



## Advisor's Letter

Dear HCE Members,

As I write this, I actually see the sunshine and there is a glimpse of spring around the corner. I don't know about you, but that brings me immense relief. I love the newness of spring. Speaking of newness, in this newsletter you will have the information and registration for our first Day of Learning. Please feel free to invite anyone that you think would like to be part of this day.

I cannot wait to see you all there!



*Mandi Dornfeld,  
Human Development and Family Relationship Educator*





## HCE Dates to Remember

<b>April 1st</b>	HCE Scholarship Applications Due
<b>April 8th</b>	Executive Board Meeting
<b>April 10th</b>	Deadline Registration for Day of Learning
<b>April 16th</b>	Spring Central District Meeting-Host: Marathon County
<b>April 17th</b>	HCE Day of Learning
<b>May 2nd</b>	Spring Banquet - Host: Neenah Center
<b>May 7th</b>	Stitches of Love Workshop
<b>May 15th</b>	Submissions Due for Jun/Jul HCE Newsletter
<b>May 31st</b>	“Impact of HCE” Hours Begins 2019 - 2020

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## **HCE - Day of Learning**

**You are Invited!**

**Wednesday, April 17, 2019**

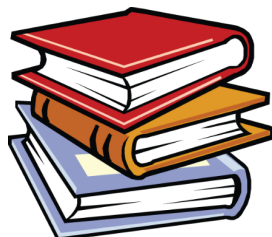
**9:00 am - 3:00 pm**

JGCC Building

Meeting Rooms A & B

625 E. County Rd. Y

Oshkosh, WI



### **Registration Deadline is April 10th for planning purposes**

**\*Cost Per Person: \$13.00** - Light Breakfast, Lunch, & Refreshments (Payments made to Extension)

**8:30 - 9:00 am** - Registration

**9:00 - 10:00 am - Session 1: Mandi Dornfeld** - “Sources of Strength” - Everyone has times of stress. Attend this session to learn about a community-wide effort to build resilience & decrease suicide in our youth. You will have time to talk about your strengths & learn strategies to increase resilience within yourself & others.

**10:10 - 11:10 am - Session 2: Randy Domer** - “We Shall Never Pass Again - Stories from Oshkosh’s Historic Past” (Books Available for Purchase)

**11:15 - 12:00 - *Lunch and Break*** - Potato Bar

**12:00 - 1:00 pm - Session 3: Karen Dickrell** - “Make & Take Craft” by HCE - *Putting the Puzzle Pieces Together As We Age* (Discover how to continue enjoying varieties of activities that you have over the years)

**1:15 - 2:15 pm - Session 4: “Social Connectedness”** - Meet with several local organizations to learn how to stay active and engaged.

**HCE - Day of Learning**  
**Registration**

Wednesday, April 17, 2019  
9:00 am - 3:00 pm

**Registration Deadline is April 10th**

**Cost Per Person: \$13.00**  
Light Breakfast, Lunch, & Refreshments  
(Payments made to Extension Office)

**NAME:** \_\_\_\_\_

**\*\* Please Check Which Sessions You Will be Attending\*\***

8:30 - 9:00 am - Registration

**Session 1: 9:00 - 10:00 am**

**Session 2: 10:10 - 11:10 am**

11:15 - 12:00 - Lunch and Break

**Session 3: 12:00 - 1:00 pm**

**Session 4: 1:15 - 2:15 pm**



**\*\*\*This Page Intentionally Left Blank for Day of Learning  
Registration Form\*\*\***

## **2019 Nondiscrimination Policy Reminder**

Dear HCE Members and Community Partners

Periodically, UW-Extension, Cooperative Extension takes steps to assure that our partners know and understand our policy of nondiscrimination. This letter is to remind or notify you that the University of Wisconsin-Extension does not discriminate in the treatment of individuals, in admission or access to its programs and activities, in the provision of services, or in employment.

Further, UW-Extension, an institution receiving federal financial assistance through the U.S. Department of Agriculture, cannot participate with or partner with organizations that discriminate on the basis of any of the legally prohibited categories of discrimination, based on Civil Rights laws. Categories of prohibited discrimination include race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction record, or membership in the national guard, state defense force, or any other reserve component of the military service.

To help us ensure that our partners do not discriminate, each year we send out a mailing with this notice and additionally ask an officer of each of our partner organizations to sign and return an enclosed form of agreement and attach a copy of their organization's nondiscrimination policy for our records.

Consistent with the Americans With Disabilities Act, persons who need materials in alternative format or other accommodations are encouraged to write or call the UW-Extension contact person for the specific program or call the main telephone number of the Winnebago County Extension Office, (920) 232-1970, as early as possible prior to the event so appropriate arrangements can be made. Requests are kept confidential. Individuals who need special access due to hearing impairment may contact the Winnebago County Extension Office by calling the relay service for the hearing impaired by dialing 711.

On behalf of Winnebago County Cooperative Extension, we want to thank you for collaborating with UW-Extension on educational programs. We appreciate your support and partnership as we provide education designed to meet the needs of the diverse residents of Winnebago County.

**UW**  
**Extension**  
University of Wisconsin-Extension

## **Keeping Food Safe Before and After a Flood**

by Joyce McGarry

### **At All Times:**

Plan your food storage on shelves that will be safely out of the way of contaminated water.

Keep coolers and frozen gel packs for food storage in case the power is out for more than 4 hours.

Keep an appliance thermometer in the refrigerator and freezer at all times to know your food is at safe temperatures. The refrigerator should be at 40 °F or below and the freezer at 0 °F or below.

### **Before a Flood:**

Raise refrigerators and freezers with cement blocks under each corner. Move canned goods and other foods out of reach of floodwaters.

### **After a Flood**

#### **Throw Out:**

All foods that have come in contact with floodwaters, if not in waterproof containers.

Cutting boards, plastic utensils, wooden spoons, baby bottle nipples and pacifiers. (There is no way to clean these items after they have come in contact with floodwaters).

Damaged canned items (those with swelling, leakage, punctures, holes, fractures, rusting, and crushing or denting that would not allow opening with a manual can opener).

Twist-top packages with damaged seams or unopened jars with waxed cardboard seals.

Fresh produce.

Home-canned foods.

Refrigerators or freezers that were under the floodwaters.

#### **Save:**

Undamaged canned goods and commercial glass containers of food untouched by floodwaters.

Remove labels that can harbor dangerous bacteria. Using a permanent marker, label the containers with contents and expiration date. Rinse the canned goods and commercial glass containers with potable, safe water.



**Sanitize One of Two Ways:**

Place in water and allow the water to come to a boil. Continue boiling for 2 minutes. Air-dry before opening.

**Or**  
Immerse in a fresh solution of 1 tablespoon unscented regular-strength (6%) bleach or 1 teaspoon concentrated (8.25%) bleach per gallon of clean room-temperature water. Soak for 15 minutes. Air-dry before opening.

**Pots, Pans, Dishes and Utensils:**

Thoroughly wash with soap and water, using hot water if available.

Rinse and sanitize by:

Boiling in clean water for 10 minutes.

**Or**  
Immersing in a fresh solution of 1 tablespoon unscented regular-strength (6%) bleach or 1 teaspoon concentrated (8.25%) bleach per gallon of clean room-temperature water for 15 minutes.

**Countertops:**

Thoroughly wash countertops with soap and water, using hot water if available.

Rinse and sanitize in a fresh solution of 1 tablespoon unscented regular-strength (6%) bleach or 1 teaspoon concentrated (8.25%) bleach per gallon of clean room-temperature water for 15 minutes.

Allow to air-dry.

**Water:**

Use bottled water that has not been exposed to floodwaters if available. Boil water to make sure it is safe. Boil for 1 minute.

Let cool and store in clean, covered containers.

If you cannot boil water, you can disinfect by adding 1/8 teaspoon (or 8 drops) of regular, unscented chlorine (6%) bleach to each gallon of water. Stir well. Let stand for 30 minutes and store in clean, covered containers.

Consider all wells, cisterns and other delivery systems in the disaster area unsafe until tested.

For complete article and more information visit: [https://www.canr.msu.edu/resources/keeping\\_food\\_safe\\_before\\_and\\_after\\_a\\_flood\\_e3366](https://www.canr.msu.edu/resources/keeping_food_safe_before_and_after_a_flood_e3366)

## **FoodWise**

### **Mission**

To advance healthy eating habits, active lifestyles and healthy community environments for low-income families through nutrition education at the individual, community and systems levels.

### **We serve:**

Parents and caregivers of children  
School-age youth  
Adults without children  
Older adults  
Our programs are:  
Unbiased  
Commercial free  
Evidence based  
Responsive to local needs

### **How are we funded?**

FoodWise is Federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).

### **What is SNAP?**

Supplemental Nutrition Assistance Program (SNAP) offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. SNAP is the largest program in the domestic hunger safety net.

### **What is SNAP-Ed?**

Supplemental Nutrition Assistance Program Education (SNAP-Ed) is an evidence-based program that helps people lead healthier lives. SNAP-Ed teaches people using or eligible for SNAP about good nutrition and how to make their food dollars stretch further. SNAP-Ed participants also learn to be physically active.

### **What is EFNEP?**

EFNEP is a Federal Extension (community outreach) program that currently operates through the 1862 and 1890 Land-Grant Universities (LGUs) in every state, the District of Columbia and the six U.S. territories. Using a research-based, interactive, holistic nutrition education approach, peer educators from the communities support families towards improvements in four core areas: diet quality and physical activity, food resource management, food safety and food security.

More information at: <https://fyi.extension.wisc.edu/foodwise/>



## 2019 Schedule

*Thursdays:*

February 21

March 21

April 18

May 16

September 19

October 17

November 21

December 19



Many grandparents or relatives who are raising their grandchildren are turning to each other to find the comfort and help they need.

The Grandparents Raising Grandchildren Support Group of Winnebago County focuses on the roles grandparents/relatives play, and it provides an opportunity to meet others who share similar experiences, knowledge, strengths, and hopes.

The support group provides a place to belong and a network of support.

**\*\*\* RSVP REQUIRED \*\*\***

Families must RSVP at least 7 days in advance

Childcare is available for relative children in your care, ages 0—17 yrs. Childcare is only available with RSVP.

Everything is FREE!

**For more information or to RSVP, call the UW-Extension office at (920) 232-1973.**

## Meeting Information

J.P. Coughlin Center  
625 E. County Rd. Y  
Oshkosh, WI 54901

5:00—5:40 pm	Family Meal Time
5:40—6:00 pm	Break & Transition
6:00—7:00 pm	Support Group/ Speaker



University of Wisconsin-Extension

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential

### **Food Storage During an Emergency - What Do I Need?**

- One or more coolers. Inexpensive styrofoam coolers can do an excellent job.
- Shelf-stable foods, such as canned goods and powdered or boxed milk. These can be eaten cold or heated on the grill.
- A digital quick-response thermometer. A digital thermometer should be a necessity in your kitchen anyway. With these thermometers you can quickly check the internal temperatures of food for doneness and safety.

### **Food Safety During an Emergency - What Should I Do?**

- Do not open the refrigerator or freezer. Tell your little ones not to open the door. An unopened refrigerator will keep foods cold enough for a couple of hours at least. A freezer that is half full will hold for up to 24 hours and a full freezer for 48 hours. Instead, eat shelf-stable foods.
- If it looks like the power outage will be for more than 2-4 hours, pack the important items in your refrigerator, such as milk, dairy products, meats, fish, poultry, eggs, and left-overs into your cooler surrounded by ice. Keep temperature at or below 40 degrees. Throw away any items that have been exposed to temperatures greater than 40 degrees for more than two hours.
- If it looks like the power outage will be prolonged beyond a day or so, prepare another cooler with ice for the items in your freezer.

Visit: <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/food-safety.html>

## ***About Foodborne Illness***

### **Know the Symptoms**

Consuming dangerous foodborne bacteria will usually cause illness within 1 to 3 days of eating the contaminated food.

However, sickness can also occur within 20 minutes or up to 6 weeks later. Although most people will recover from a foodborne illness within a short period of time, some can develop chronic, severe, or even life-threatening health problems.

Foodborne illness can sometimes be confused with other illnesses that have similar symptoms. The symptoms of foodborne illness can include:

- Vomiting, diarrhea, and abdominal pain

**Flu-like symptoms, such as fever, headache, and body ache**

### **Take Action**

If you think that you or a family member has a foodborne illness, contact your healthcare provider *immediately*. Also, report the suspected foodborne illness to FDA in either of these ways:

Contact the Consumer Complaint Coordinator in your area.

- Contact MedWatch, FDA's Safety Information and Adverse Event Reporting Program:

- **By Phone: 1-800-FDA-1088**

- **Online:** File a voluntary report at <http://www.fda.gov/medwatch>

Please visit for complete article and more information: <https://www.fda.gov/food/resourcesforyou/consumers/ucm076881.htm>



**Please visit websites below for more information on staying safe before and after floods:**

[https://www.canr.msu.edu/resources/keeping\\_food\\_safe\\_before\\_and\\_after\\_a\\_flood\\_e3366](https://www.canr.msu.edu/resources/keeping_food_safe_before_and_after_a_flood_e3366)  
<https://www.cdc.gov/disasters/floods/after.html>  
<https://www.fda.gov/food/resourcesforyou/consumers/ucm076881.htm>

[https://www.foodsafety.gov/keep/charts/refridg\\_food.html](https://www.foodsafety.gov/keep/charts/refridg_food.html)

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/food-safety.html>

<https://www.usda.gov/media/blog/2016/09/26/are-you-and-your-food-prepared-power-outage>



## **Warning: Don't Use Honey on Pacifiers by Barb**

Honey may  
quiet them,  
but botulism  
can kill them



Last year health officials reported that **four infants in Texas developed botulism poisoning after consuming honey**. The children, all less than a year old, **had all been given pacifiers containing honey** before they became sick. All four babies had to be admitted to hospitals for life-saving treatment. **Botulism poisoning** attacks the nervous system and often paralyzes muscles used to breath, causing death quickly if the patient does not receive immediate medical attention.

**What is the risk?** Honey can contain the spores of *Clostridium botulinum*, an organism that produces a potent neurotoxin known to cause severe illness in infants. Infant botulism occurs when *C. botulinum* spores in food, dust, or other materials are inhaled or ingested and germinate in the gut of infants who have not yet developed mature intestinal flora. For this reason, **parents are advised not to feed honey — raw or otherwise — to children younger than 12 months old**. Once the gut matures and a high-acid environment exists in the stomach, the risk of *C. botulinum* drops; adults and older children do not run the risk of developing botulism poisoning from honey.

The Food and Drug Administration reminds parents and caregivers not to provide infants or young children with **pacifiers filled with or dipped in honey**. Anyone who has purchased a pacifier filled with or dipped in honey should stop using it and discard it immediately.

Infants with **botulism poisoning** can have symptoms that often start with constipation and may include poor feeding and/or weak sucking, weakness, drooping eyelids, loss of head control and difficulty breathing. Severity can range from mild illness with gradual onset to paralysis, respiratory failure, and death. Remember to protect children and stay food-safe. Barb

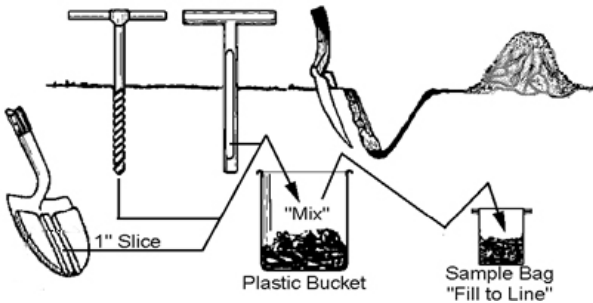
For more information, please visit:

<https://winnebago.extension.wisc.edu/>

## Soil Testing

For soil testing, please bring your sample (about 2 cups per sample) to the Extension office during our office hours of 8 am- 4:30 pm Monday through Friday. The price for samples varies depending on where the soil is coming from. For Lawn and Garden and Wildlife Food Plots, prices are \$15 per sample, plus \$5 for shipping that covers up to four samples. For Farm Plots, prices are \$8 per sample, plus \$5 for shipping that covers up to four samples as well. Soil samples are sent to the UW Soil and Forage lab to be tested. It takes about seven to ten business days for samples to be processed and the results sent.

### How to Collect a Soil Sample:



A soil probe is the best tool to use for taking a soil sample. Soil probes can be checked out at our office, with a \$20 deposit (deposit will be returned after soil probe is returned, or can be applied to the cost of soil sample).

Collect soil from at least 10 locations in the area and combine them into one sample.

Samples should be taken from about 5 to 7 inches deep into soil.

Combine soil mixture in a plastic bag or soil sample bag from county extension office. Fill out appropriate form and bring with payment to Extension office.

For more information on collecting soil samples, please visit the Extension learning store: <http://learningstore.uwex.edu/>



# Plants

## Plant Help

If you have questions related to the management of plants in your yard, or pests, please call the Extension Winnebago County Plant Help Line and leave a message with your name and phone number. One of our Master Gardener volunteers will return your call as soon as possible to assist you with your questions.

**Call:** Extension Winnebago County Master Gardener Helpline:  
920-232-1986

OR

**email:** [plantadvice@co.winnebago.wi.us](mailto:plantadvice@co.winnebago.wi.us)

OR

**Visit:** Extension Winnebago County Horticulture website.:  
<https://hort.extension.wisc.edu/>



### Tackling Indoor Allergens

The list of common indoor allergens isn't pretty, ranging from dust mite excretion to pollen, pet dander, and dead skin, and in extreme cases, cockroaches, mold spores and mildew. Cleaning your home is one of the easiest things you can do to help reduce allergy or asthma flare ups (and just have a healthier home). If you don't clean, the allergens will just build up, so make these activities top of your routine of cleaning: wash bedding at least once per week; keep floors swept, vacuumed, and washed; and use [these proper and thorough dusting techniques](#).

If you have a family member who suffers from asthma, here are some additional tips for supporting them through cleaning:

- When you're divvying up household cleaning tasks, assign your asthma sufferer tasks where he or she won't come in contact with allergens, like dishwashing and cleaning up clutter before it becomes dusty.
- When tackling other tasks — like dusting, sweeping or vacuuming— the safest option may be to make sure that the asthmatic person is not in the room.
- If you use spray products, it can be helpful to spray the cleaner on a cloth or sponge first instead of on the surface.
- Clean in a well-ventilated area – open a door and a window or turn on an exhaust fan. Leave the room when you are done cleaning and allow the room to air out.
- If someone in the house seems sensitive to some fragrances, try different cleaning products, including those that have no scent or are perfume-free.

And, as always, read and follow label directions on cleaning products. The label directions give the proper amount of product to use, how to use the product and any special safety advice.

Health professionals agree that controlling allergens in the home can significantly reduce symptoms for the millions of people who suffer from allergies or asthma. And cleaning is one of the first and easiest steps to controlling the most common indoor allergens that can trigger attacks.

For More Info Visit:

<https://cleanandhappynest.org/wpd/>



# Extension

## UNIVERSITY OF WISCONSIN-MADISON WINNEBAGO COUNTY

<https://winnebago.extension.wisc.edu/>

625 E. County Road Y, Suite 600  
Oshkosh, WI 54901-8131  
**Phone:** 920-232-1970 or 920-727-8643  
**Fax:** 920-232-1967  
711 for Wisconsin Relay

**Office Hours:** Monday – Friday, 8:00 am – 4:30 pm

**4H & Youth**

**Agriculture**

**Community Development**

**Families & Finances**

**Horticulture**

**Nutrition Education**

## Welcome to Our Newest Staff Members!



***Chris Viau*** - was selected and began his role February 1st, as the Area Extension Director (Area 10) including Calumet, Outagamie, Waupaca, and Winnebago Counties! He had served as the Wood County 4-H Youth Development Educator since 2009 and a 4-H Program Liaison since 2012. In his liaison role, he had the opportunity to coach and mentor colleagues in various stages of their careers.



***Dana Berger*** - is the new 4-H Program Coordinator! She began her new position in December 2018. She brings several years of experience working and managing diverse clients and volunteers in her previous positions with FISC and the Community Music and Arts Collaborative.

She has fond childhood memories of 4-H, and is excited to bring her strong leadership and program management skills to the position. Please feel to stop by the Extension Office during regular business hours to introduce yourself and meet Dana!



***Mia Ljung*** - started as our new Community Development Educator, shared between Outagamie and Winnebago Counties. Mia is a community organizer and planner that brings a wide range of professional experience from community development, administration, and local government planning and zoning to the position. Her recent work experience is with Outagamie County Land Service Department, Goodwill Grows, East Central Regional Planning Commission, and the Women's Student Activist Collective with University of Minnesota.

***John Thompson*** - has just arrived from Pennsylvania to our office March 18th as our new Agriculture Educator. Come in to welcome him to our team and to Wisconsin!!

4-H is a **community** of **young people**  
 **across America** who are learning  
**leadership, citizenship** and  
**life skills.**

**4-H is looking for volunteers interested in a series of project days over the next several months. These volunteers should have expertise in Foods, Sewing, Woodworking, Home Environment, Knitting, and/or Crocheting to help lead and assist with project days that most likely will take place on Saturdays.**

**Please contact:**

**Dana Berger**  
**4-H Program Coordinator**

Extension Winnebago County  
625 E. County Rd. Y, Suite 600  
Oshkosh, WI 54901  
(920) 232-1974  
Fax: (920) 232-1967

Email: [dana.berger@wisc.edu](mailto:dana.berger@wisc.edu)





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## Wisconsin Association for Home & Community Education, Inc. Cultural Arts Show & Contest – 2019 Categories

### 1. Painting/Drawing

*Unframed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.*

- A. Oil
- B. Acrylic
- C. Water Color
- D. Alcohol Ink
- E. Other

### 2. Photography

*Photograph must be 8" x 10", unmatted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs be disqualified.*

- A. Color-Landscape
- B. Color-Waterscape
- C. Color-Plants
- D. Color-Animals/Creatures
- E. Color-People
- F. Color-Skyscape
- G. Black and White

### 6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross Stitch
- D. Other

### 7. Craft

*Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".*

- A. Cards-paper only-6
- B. Cards-mixed media-6
- C. Scrapbooking
- D. Craft made from recycled materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

### 8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking

### 10. Lap/Baby Quilt

*Smaller than 60" x 80" or 4,800 sq inches*

- A. Tied
- B. Hand-quilted
- C. Pieced

### Machine Quilted By You

- D. Appliquéd
- E. Embroidered
- F. Professionally

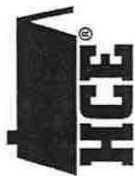
### Machine Quilted

- F. Pieced
- G. Appliquéd
- H. Embroidered
- I. Any other lap quilt

### 11. Quilted Wall

*Hanging (with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches*

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other i.e., - collage of assembled materials or mixed



### Poem, Non-Fiction, Fiction

*Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a," "an," and "the" for either essays or short stories.*

### 16. Poem

### 17. Non-Fiction

*Original, 1 topic; 250-500 words*

### 18. Fiction

*Original with beginning, middle and end*



REGISTRARS OF THE HCE  
media

3,000 words or less

**19. Bonus Category – “Hattie’s HCE Hat”**

The Fun Category

Limit of one entry per county. Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Judging - those attending will vote for their favorite "Hattie's HCE Hat" entry

Have Fun!!!

**STATE REGISTRATIONS**

**DUE BY: AUGUST 1, 2019**

REGISTRATION

- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published book
- J. Other

**3. Sewing**

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (apron, scarf, hat, etc.)
- J. Other

**4. Knitting**

- A. Wearable Item
- B. Afghan
- C. Other

**5. Crocheting**

- A. Wearable Item
- B. Dolly/Dresser Scarf
- C. Afghan
- D. Other

**12. Table Topper/Runner**

- A. Hand Quilted
- B. Machine Quilted
- C. Other

**13. Jewelry**

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

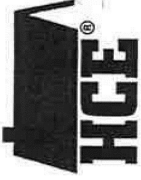
**14. Constructed Original Item**

- A. Clay/Pottery
- B. Wood
- C. Other

**15. Painted Object**

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

## Wisconsin Association for Home & Community Education, Inc. Cultural & Textile Arts Show 2019 Guidelines for County Chairs



**ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2019.** Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show. A County may enter a total of 12 entries plus one Bonus Category 19. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

**IMPORTANT: All entrants MUST sign the Registration form.** Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work.

### Color Coding of Registration Forms by Districts:

Central – White	Northwest – Light Blue
Southeast – Green	West – Pink
Northeast – Yellow	
Southwest – Orange	

**Entry Day:** Deliver items Sunday (9/16/19) from 7-9pm or Monday (9/17/19) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 18, 2019. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Linda Sutherland**  
1594 5<sup>th</sup> Avenue  
Star Prairie, WI 54026

715 248-7279 or 715-338-9214

[tagalongacres@yahoo.com](mailto:tagalongacres@yahoo.com)

Contact Linda with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out.**  
You will receive your Claim Check when you bring in the items.

**Registration Form**

Category/Class (example 2D) \_\_\_\_\_  
County \_\_\_\_\_ District \_\_\_\_\_  
Name (print) \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
E-mail \_\_\_\_\_  
Phone # \_\_\_\_\_  
Title or Description \_\_\_\_\_  
Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) \_\_\_\_\_

**Please read and sign:** Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: \_\_\_\_\_ County \_\_\_\_\_ Date: \_\_\_\_\_

**Claim Check**

Category/Class (example 2D) \_\_\_\_\_  
County \_\_\_\_\_ District \_\_\_\_\_  
Name (print) \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
E-mail \_\_\_\_\_  
Phone # \_\_\_\_\_  
Title or Description \_\_\_\_\_  
Are you bringing an easel? Y or N

\*\*\* This page intentionally left blank as the backside of the  
Cultural Arts Show & Contest Form\*\*\*



# Memorial Leadership Scholarship - 2019

Wisconsin Association for Home and Community Education, Inc.

A \$200.00 Scholarship to attend a Leadership Opportunity

**memorial from the Betty Hilbert estate and monies from the WAHCE Legacy Fund are being used to fund this scholarship.**

**Purpose:** To encourage members of WAHCE to seek leadership training, so they may become capable, willing and enthusiastic leaders in the organization and their communities.

**Eligibility:** This scholarship is available to WAHCE members only, for registration to leadership training. Members of the WAHCE State Board are not eligible.

**Requirements:** Complete the personal data and questions on this application form and attach a copy of the leadership registration form. This application should be no longer than two pages. After attending, recipients are to report to WAHCE on their experience.

**Payment for Scholarship:** Payment of scholarship will be made after proof of attendance at workshop or WAHCE State Conference registration has been submitted to the Scholarship Chair.

**Deadline:** Application must be postmarked by June 30, 2019, and mailed to the Scholarship Chair:  
Linda Sutherland, 1594 5th Avenue, Star Prairie, WI 54026.

Name \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Number of Years as a WAHCE Member \_\_\_\_\_ Your County \_\_\_\_\_

Your District \_\_\_\_\_ Club/Individual \_\_\_\_\_

Answer the following questions. If you need more space, add only one more sheet to continue your answers, and number for each answer on that sheet.

1. What offices, if any, have you held in WAHCE?

A. County \_\_\_\_\_

B. District \_\_\_\_\_

2. How might you use some of what you would learn to benefit WAHCE?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. How do you plan to use your leader training in your community?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

## **Human Development & Relationship**

### ***Working for Wisconsin Families***

By recognizing and ensuring that the needs of people from diverse backgrounds are addressed in its educational and community based programs, Extension promotes a culture of inclusiveness that respects all people.

All families need support and resources to develop skills at critical points in their lives. Extension works to meet these needs by:

- Helping communities explore effective responses to issues affecting families such as poverty, childhood obesity, prevention of child abuse, financial security, and aging.
- Serving as catalysts for positive change by providing leadership to ensure that community systems, services, and facilities support the healthy functioning of families.
- Increasing knowledge about health, parenting practices, and access to safe, nutritious food.

***Mandi Dornfeld***

**Human Development & Relationship Educator**

**(Formerly Family Living)**

**920-232-1973**

**[amanda.dornfeld@wisc.edu](mailto:amanda.dornfeld@wisc.edu)**

**Extension Winnebago County**

J. P. Coughlin Center  
 625 E. County Road Y, Suite 600  
 Oshkosh, WI 54901-8131  
 (920) 232-1973 or 727-8643  
 FAX (920) 232-1967

**711 for Wisconsin Relay (TDD)**

HOURS: 8:00 AM - 4:30 PM, Monday through Friday

Website: <http://winnebago.uwex.edu>

**Extension**

UNIVERSITY OF WISCONSIN-MADISON

*An AA/EEO employer, Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.*

**Area 10 Extension Director**

Chris Viau

*Winnebago, Waupaca, Outagamie, &  
 Calumet Counties*

**Support Staff**

Amy Hendrickson

Ashley Rolph

Jody Bezio

**Human Development & Relationship****(HDR)**

Mandi Dornfeld

*HDR Educator*

**Community Development**

Mia Ljung

*Winnebago & Outagamie  
 Community Development Educator*

**Nutrition Education**

Kristine Soper

*FoodWise Educator*

Chad Cook

*Land & Water Outreach  
 Program Manager*

**4-H/Youth Development**

Dana Berger

*4-H Program Coordinator*

**Agriculture & Natural Resources**

John Thompson

*Agriculture Educator*

Sarah Thompson  
*Youth & Science Educator*

Kim Miller  
*Horticulture Educator*